



## What Must I Do to Be Saved?

- **Hear** the word of God (Romans 10:14-17; 1:16,17; John 17:17; Acts 11:14).
- **Believe** in Jesus Christ (John 3:16; Acts 16:30,31; Romans 10:9,10; Ephesians 2:8,9; I John 5:1; Galatians 3:26).
- **Repent** of past sins and turn to God (Luke 13:5; Acts 2:38; 3:19; 26:20; II Timothy 2:19).
- **Confess** Jesus before men (Matthew 10:32,33; Rom. 10:9,10; I John 4:15; Heb. 10:23).
- **Be Baptized** for the forgiveness of sins (Matthew 28:19; Mark 16:16; Acts 2:38; 22:16; Romans 6:1-6; Galatians 3:26,27; I Peter 3:21).
- **Abide** in the word of God (John 8:31; 15:6,7; I Corinthians 15:1,2; Revelation 2:10; I John 1:9,10; Hebrews 10:24,25; John 4:24).

Faithful Sayings Issue 11.44 November 1, 2009

## Welcome Visitors

We are so glad that you joined us today.  
Please come again.

- **Let us know if you have any questions.**

ISSUE

11.44

BULLETIN OF  
THE OLSEN  
PARK CHURCH  
OF CHRIST

# Faithful Sayings

November 1  
2009



## Services

Sunday: 9:30 AM  
10:20 AM  
6:00 PM  
Wednesday: 7:00 PM

### Elders:

Ken Ford  
Charles Kelley  
Pat Ledbetter

### Deacons:

Dean Bowers  
Eddie Cook  
Bill Davis  
Pat Goguen  
Neil Ledbetter  
Jeff Nunn  
Rusty Scott

### Evangelists:

Kyle Pope  
Curtis Carwile

## “Don’t Swallow Your Pride; Spit It Out!”

by Curtis Carwile

I have a very good friend who does me a great service whenever we speak: he brings me to the realization that I need to be humbled. During a recent conversation, we were talking about an incident of which he became aware through the grapevine. As we were talking, I admitted to him that “Yes, I do need to swallow my pride.” He quickly responded, “Don’t swallow your pride. Why would you want to swallow something like that? Just spit it out!” He went on to make the point that if you swallow it, that pride is just going back inside of you. Things like pride need to be spit out so it doesn’t sit and fester inside your soul and turn into the cancer of sin.

In Ecclesiastes 12:13-14, the Preacher says that the whole duty of man is to “**Fear God and keep His commandments.**” Solomon explains what it means to “fear God” just a little more in

4700 Andrews Ave.  
Amarillo TX 79106  
806-352-2809  
www.olsenpark.com

Proverbs 8:13 when he says that **“The fear of the Lord is to hate that which is evil,”** such as pride (which is mentioned in the very next line). We must hate pride, and not just because God commands us to, but rather because it is so detrimental to our lives and happiness. In Proverbs 14:3, Solomon tells us that pride makes us foolish which brings shame



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upon us (Proverbs 11:2). In Mark 7:20-23, Jesus tells us that pride is one of those things that defiles a person and makes him or her abhorrent to God. Because of that, our pride brings strife between us and God and everyone else with whom our pride comes in contact (Proverbs 13:10). In the end, it brings destruction (Proverbs 16:18) to our friendships, our homes, our places of employment, our congregation, and our souls. In addition to that, Isaiah says that **“the crown of pride will be trampled underfoot,”** meaning that even those things that we hold onto because of our pride will be destroyed (Isaiah 28:3). In short, there is no benefit in pride.

Pride is nothing more than an evil and wicked tool of the Devil which we can't afford to let him use against us. As such, we must vomit our pride (“SPIT IT OUT!”) and get it out of our system so it will stop harming us and stop getting in the way of the work God has for us to do. If we don't, Jesus will vomit us out of His mouth (Revelation 3:16) just as the land of Canaan vomited Israel out for its disobedience to God (Leviticus 18:24-30).

In place of that pride, we must put humility at our very core. We must humble ourselves before the Lord (James 4:10). Solomon tells us that God gives grace to the humble (Proverbs 3:34). That grace is extended in

the fact that He hears the humble (Psalm 9:12). Also, God extends His wisdom to the humble (Proverbs 11:2). The humble soul allows God to guide him (Psalm 25:9) and uphold him (Psalm 147:6) through all the trials of life. As a result, the humble will not be ashamed, but will know and retain honor (Proverbs 29:23). Those who are humble will not be sad or depressed, but will increase their joy as they grow in their Lord (Isaiah 29:19). The humble will not be lost, but will be saved by God (Psalm 18:27). In short, there is more than the world to gain from being humble.

Friends, don't swallow your pride, but spit it out! Get rid of all those petty prideful things which you've been holding onto because they're just not worth it. Instead, follow Jesus' example of humility (Philippians 2:3-8) and give up everything this world has to offer in order to gain everything God desires to give you. Associate yourself with the humble (Romans 12:16) in order to encourage them to remain humble and so that they might encourage you to remain humble. And, whatever you do, never return to your pride like a dog returns to its own vomit (2 Peter 2:22) because it is truly disgusting. May we all strive to rid ourselves of our pride and humbly serve Him with all of our being.



## Prayer

Whose Prayer Will God Refuse to Hear?

- Those who turn away from His law (Proverbs 28:9).
- Those who regard iniquity in their heart (Psalm 66:18).
- Those who do evil (I Peter 3:12).
- Those who are proud (Job 35:12).
- Those who sin (Isaiah 59:2).
- Those who ask “amiss” (James 4:3).

Whose Prayer Will God Hear?

- Those who worship Him (John 9:31).
- Those who are humble (Psalm 9:12).
- Those who are righteous (I Peter 3:12).
- Those who keep His commandments (I John 3:22).